







Name \_\_\_\_\_

## Measurement Benchmarks

You can use benchmarks to estimate measurements.







The chart shows benchmarks for customary units of measurement.

| Benchmarks for Some Customary Units   |   |   |   |   |   |
|---|---|---|---|---|---|
|  |  |  |  |  |  |
| 1 ft<br>about 1 foot  | 1 yd<br>about 1 yard  | about 1 cup   | about 1 gallon  | about 1 ounce   | about 1 pound   |

Here are some more examples of estimating with customary units.

- The width of a professional football is about 1 foot.
- A large fish bowl holds about 1 gallon of water.
- A box of cereal weighs about 1 pound.

The chart shows benchmarks for metric units of measurement.

| Benchmarks for Some Metric Units  |   |   |   |   |   |
|---|---|---|---|---|---|
|  |  |  |  |  |  |
| about 1 centimeter  | about 1 meter   | about 1 milliliter  | about 1 liter   | about 1 gram  | about 1 kilogram  |

Here are some more examples of estimating with metric units.

- The width of a large paper clip is about 1 centimeter.
- A pitcher holds about 1 liter of juice.
- Three laps around a track is about 1 kilometer.

Use benchmarks to choose the customary unit you would use to measure each.

1. length of a school bus

2. weight of a computer

\_\_\_\_\_

\_\_\_\_\_

Use benchmarks to choose the metric unit you would use to measure each.

3. the amount of liquid a bottle of detergent holds

4. distance between two cities

\_\_\_\_\_

\_\_\_\_\_

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## Customary Units of Length

A ruler is used to measure length. A ruler that is 1 foot long shows 12 inches in 1 foot. A ruler that is 3 feet long is called a yardstick. There are 3 feet in 1 yard.

**How does the size of a foot compare to the size of an inch?**

**Step 1** A small paper clip is about 1 inch long. Below is a drawing of a chain of paper clips that is about 1 foot long. Number each paper clip, starting with 1.



**Step 2** Complete this sentence.

In the chain of paper clips shown, there are 12 paper clips.

**Step 3** Compare the size of 1 inch to the size of 1 foot.

There are 12 inches in 1 foot.

So, 1 foot is 12 times as long as 1 inch.

**Complete.**

1. 5 feet = \_\_\_\_\_ inches

2. 3 yards = \_\_\_\_\_ feet

3. 5 yards = \_\_\_\_\_ feet

4. 4 feet = \_\_\_\_\_ inches

5. 6 feet = \_\_\_\_\_ inches

6. 8 yards = \_\_\_\_\_ feet

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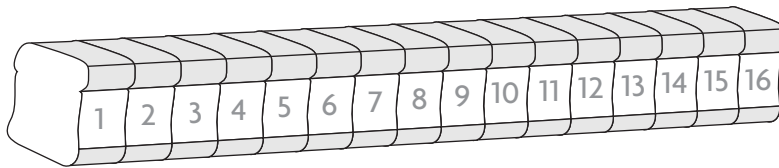
## Customary Units of Weight

**Ounces** and **pounds** are customary units of weight. A **ton** is a unit of weight that is equal to 2,000 pounds.

A slice of bread weighs about 1 ounce. Some loaves of bread weigh about 1 pound.

**How does the size of 1 ounce compare to the size of 1 pound?**

**Step 1** You know a slice of bread weighs about 1 ounce. Below is a drawing of a loaf of bread that weighs about 1 pound. Number each slice of bread, starting with 1.



**Step 2** Complete this sentence.

In the loaf of bread shown above, there are 16 slices of bread.

**Step 3** Compare the size of 1 ounce to the size of 1 pound.

There are 16 ounces in 1 pound.

So, 1 pound is 16 times as heavy as 1 ounce.

**Complete.**

1. 2 pounds = \_\_\_\_\_ ounces

2. 2 tons = \_\_\_\_\_ pounds

Think:  $2 \times 16 = 32$

3. 7 pounds = \_\_\_\_\_ ounces

4. 4 pounds = \_\_\_\_\_ ounces

5. 3 tons = \_\_\_\_\_ pounds

6. 10 pounds = \_\_\_\_\_ ounces

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## Customary Units of Liquid Volume

**Liquid volume** is the measure of the space a liquid occupies. Some basic units for measuring liquid volume are **gallons, half gallons, quarts, pints, cups,** and **fluid ounces.** The table at the right shows the relationships among some units of liquid volume.

|                          |
|--------------------------|
| 1 cup = 8 fluid ounces   |
| 1 pint = 2 cups          |
| 1 quart = 2 pints        |
| 1 half gallon = 2 quarts |
| 1 gallon = 4 quarts      |

**How does the size of a gallon compare to the size of a pint?**

**Step 1** Use the information in the table.

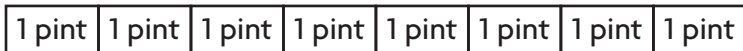
Draw a bar to represent 1 gallon.



**Step 2** The table shows that 1 gallon is equal to 4 quarts. Draw a bar to show 4 quarts.



**Step 3** The table shows that 1 quart is equal to 2 pints. Draw a bar to show 2 pints for each of the 4 quarts.



**Step 4** Compare the size of 1 gallon to the size of 1 pint.

There are 8 pints in 1 gallon.

So, 1 gallon is 8 times as much as 1 pint.

**Complete. Draw a model to help.**

1. 2 quarts = \_\_\_\_\_ pints

2. 1 gallon = \_\_\_\_\_ cups

3. 1 pint = \_\_\_\_\_ fluid ounces

4. 3 pints = \_\_\_\_\_ cups

5. 3 quarts = \_\_\_\_\_ cups

6. 1 half gallon = \_\_\_\_\_ pints

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## Line Plots

Howard gave a piece of paper with several survey questions to his friends. Then he made a list to show how long it took for his friends to answer the survey. Howard wants to know how many surveys took longer than  $\frac{2}{12}$  hour.

### Time for Survey Answers (in hours)

$\frac{1}{12}$   $\frac{3}{12}$   $\frac{1}{12}$   $\frac{2}{12}$   $\frac{6}{12}$   $\frac{3}{12}$   $\frac{5}{12}$

**Make a line plot to show the data.**

**Step 1** Order the data from least to greatest.

$\frac{1}{12}$   $\frac{1}{12}$   $\frac{2}{12}$   $\frac{3}{12}$   $\frac{3}{12}$   $\frac{5}{12}$   $\frac{6}{12}$

**Step 2** Make a tally table of the data.

| Survey          |       |
|-----------------|-------|
| Time (in hours) | Tally |
| $\frac{1}{12}$  |       |
| $\frac{2}{12}$  |       |
| $\frac{3}{12}$  |       |
| $\frac{5}{12}$  |       |
| $\frac{6}{12}$  |       |

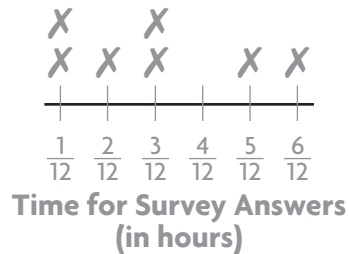
**Step 3** Label the fractions of an hour on the number line from least to greatest. Notice that  $\frac{4}{12}$  is included even though it is not in the data.

**Step 4** Plot an X above the number line for each piece of data. Write a title for the line plot.

**Step 5** Count the number of Xs that represent data points greater than  $\frac{2}{12}$  hour.

There are 4 data points greater than  $\frac{2}{12}$  hour.

So, 4 surveys took more than  $\frac{2}{12}$  hour.



**Use the line plot above for 1 and 2.**

- How many of the surveys that Howard gave to his friends were answered? \_\_\_\_\_
- What is the difference in hours between the longest time and the shortest time that it took Howard's friends to answer the survey?

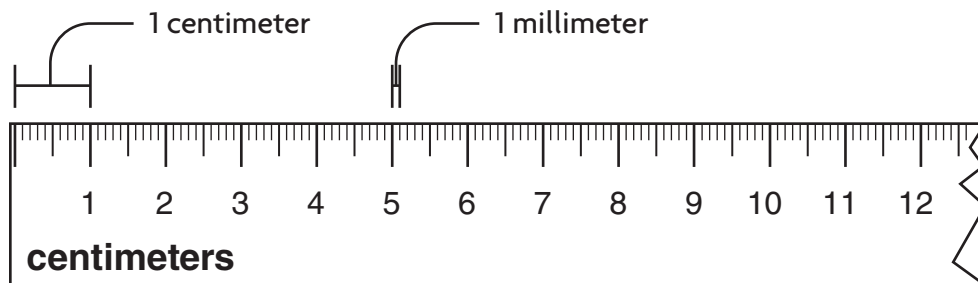
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## Metric Units of Length

Meters (m), **decimeters** (dm), centimeters (cm), and **millimeters** (mm) are all metric units of length. You can use a ruler and a meterstick to find out how these units are related.

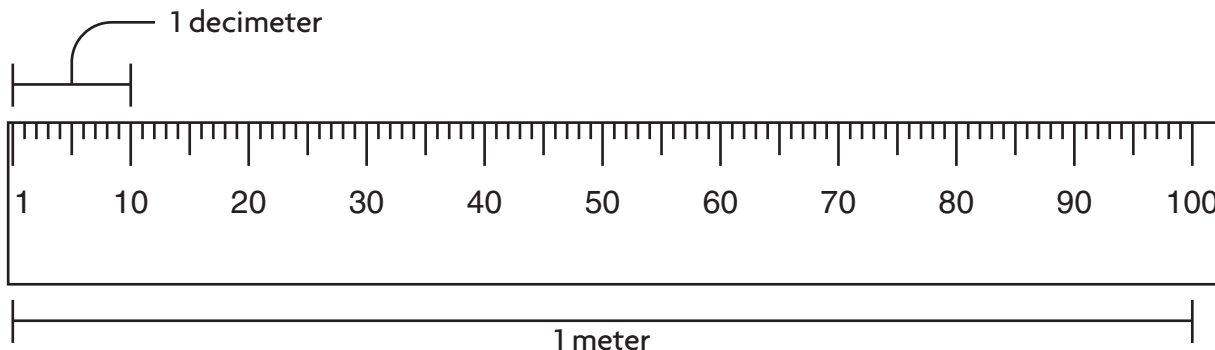
**Materials:** ruler, meterstick

**Step 1** Look at a metric ruler. Most look like the one below.



The short marks between each centimeter mark show millimeters.  
1 centimeter has the same length as a group of 10 millimeters.

**Step 2** Look at a meterstick. Most look like the one below.



1 decimeter has the same length as a group of 10 centimeters.

**Step 3** Use the ruler and the meterstick to compare metric units of length.

1 centimeter = 10 millimeters

1 decimeter = 10 centimeters

1 meter = 10 decimeters

1 meter = 100 centimeters

**Complete.**

1. 3 meters = \_\_\_\_\_ decimeters

2. 5 meters = \_\_\_\_\_ centimeters

3. 4 centimeters = \_\_\_\_\_ millimeters

4. 9 decimeters = \_\_\_\_\_ centimeters

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## Metric Units of Mass and Liquid Volume

Mass is the amount of matter in an object. Metric units of mass include grams (g) and kilograms (kg). 1 kilogram represents the same mass as 1,000 grams.

One large loaf of bread has a mass of about 1 kilogram. Jacob has 3 large loaves of bread. About how many grams is the mass of the loaves?

$$3 \text{ kilograms} = 3 \times \underline{1,000} \text{ grams}$$

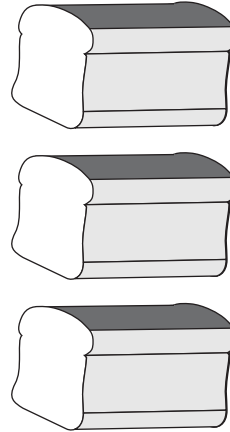
$$= \underline{3,000} \text{ grams}$$

Liters (L) and **milliliters** (mL) are metric units of liquid volume. 1 liter represents the same liquid volume as 1,000 milliliters.

A large bowl holds about 2 liters of juice. Carmen needs to know the liquid volume in milliliters.

$$2 \text{ liters} = 2 \times \underline{1,000} \text{ milliliters}$$

$$= \underline{2,000} \text{ milliliters}$$



### Complete.

1. 4 kilograms = \_\_\_\_\_ grams

2. 9 liters = \_\_\_\_\_ milliliters

3. 3 liters = \_\_\_\_\_ milliliters

4. 7 kilograms = \_\_\_\_\_ grams

5. 5 kilograms = \_\_\_\_\_ grams

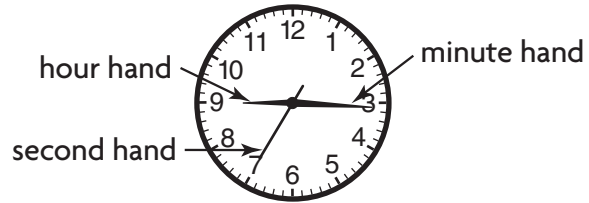
6. 8 liters = \_\_\_\_\_ milliliters

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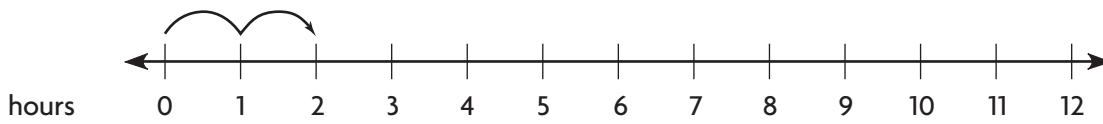
## Units of Time

Some analog clocks have an hour hand, a minute hand, and a **second** hand.

There are 60 seconds in a minute. The second hand makes 1 full turn every minute. There are 60 minutes in an hour. The minute hand makes 1 full turn every hour. The hour hand makes 1 full turn every 12 hours.



**You can think of the clock as unrolling to become a number line.**



The hour hand moves from one number to the next in 1 hour.



The minute hand moves from one number to the next in 5 minutes.

**Use the table at the right to change between units of time.**

1 hour = 60 minutes, or  $60 \times 60$  seconds, or 3,600 seconds.

So, 1 hour is 3,600 times as long as 1 second.

1 day = 24 hours, so 3 days =  $3 \times 24$  hours, or 72 hours.

1 year = 12 months, so 5 years =  $5 \times 12$  months, or 60 months.

### Units of Time

1 minute = 60 seconds  
1 hour = 60 minutes  
1 day = 24 hours  
1 week = 7 days  
1 year = 12 months  
1 year = 52 weeks

**Complete.**

1. 3 hours = \_\_\_\_\_ minutes

2. 2 years = \_\_\_\_\_ weeks

3. 6 days = \_\_\_\_\_ hours

4. 5 weeks = \_\_\_\_\_ days

5. 8 minutes = \_\_\_\_\_ seconds

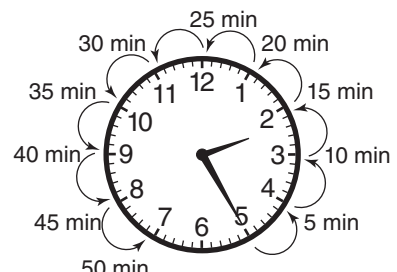
6. 7 years = \_\_\_\_\_ months



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## Problem Solving • Elapsed Time

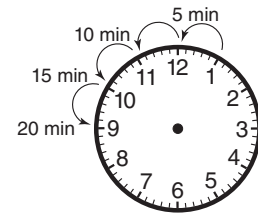
Opal finished her art project at 2:25 P.M. She spent 50 minutes working on her project. What time did she start working on her project?

| Read the Problem   |   |   |
|--|---|---|
| What do I need to find?  | What information do I need to use?                            | How will I use the information?   |
| I need to find Opal's start time.  | End time: <u>2:25 P.M.</u><br>Elapsed time: <u>50</u> minutes | I can draw a diagram of a clock.<br>I can then count back 5 minutes at a time until I reach 50 minutes. |
| Solve the Problem  |   |   |
| <p>I start by showing 2:25 P.M. on the clock.<br/>Then I count back 50 minutes by 5s.</p> <p><b>Think:</b> As I count back, I go past the 12.<br/>The hour must be 1 hour less than the ending time.<br/>The hour will be <u>1 o'clock</u>.</p> <p>So, Opal started on her project at <u>1:35 P.M.</u></p> |   |                     |

Draw hands on the clock to help you solve the problem.

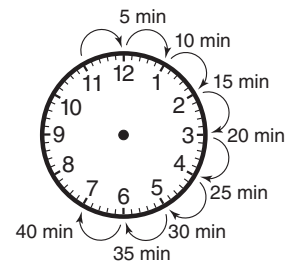
1. Bill wants to be at school at 8:05 A.M. It takes him 20 minutes to walk to school. At what time should Bill leave his house?

Bill should leave his house at \_\_\_\_\_.



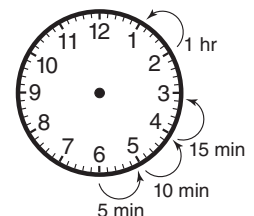
2. Mr. Gleason's math class lasts 40 minutes. Math class starts at 9:55 A.M. At what time does math class end?

Math class ends at \_\_\_\_\_.



3. Hannah rode her bike for 1 hour and 15 minutes until she got a flat tire at 2:30 P.M. What time did Hannah start riding her bike?

Hannah started riding her bike at \_\_\_\_\_.



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## Mixed Measures

Gabrielle's puppy weighs 2 pounds 7 ounces. What is the weight of the puppy in ounces?

**Step 1** Think of 2 pounds 7 ounces as 2 pounds + 7 ounces.

**Step 2** Change the pounds to ounces.

Think: 1 pound = 16 ounces

So, 2 pounds =  $2 \times 16$  ounces, or 32 ounces.

**Step 3** Add like units to find the answer.

$$\begin{array}{r} 32 \text{ ounces} \\ + 7 \text{ ounces} \\ \hline 39 \text{ ounces} \end{array}$$

So, Gabrielle's puppy weighs 39 ounces.

Gabrielle played with her puppy for 2 hours 10 minutes yesterday and 1 hour 25 minutes today. How much longer did she play with the puppy yesterday than today?

**Step 1** Subtract the mixed measures. Write the subtraction with like units lined up.

Think: 25 minutes is greater than 10 minutes.

$$\begin{array}{r} 2 \text{ hr } 10 \text{ min} \\ - 1 \text{ hr } 25 \text{ min} \\ \hline \end{array}$$

**Step 2** Rename 2 hours 10 minutes to subtract.

1 hour = 60 minutes

So, 2 hr 10 min = 1 hr + 60 min + 10 min, or 1 hr 70 min.

$$\begin{array}{r} 1 \quad 70 \\ \cancel{2} \text{ hr } \cancel{10} \text{ min} \\ - 1 \text{ hr } 25 \text{ min} \\ \hline 0 \text{ hr } 45 \text{ min} \end{array}$$

**Step 3** Subtract like units.

1 hr - 1 hr = 0 hr; 70 min - 25 min = 45 min

So, she played with the puppy 45 minutes longer yesterday than today.

### Complete.

1. 4 yd 2 ft = \_\_\_\_\_ ft      2. 1 hr 20 min = \_\_\_\_\_ min      3. 4 qt 1 pt = \_\_\_\_\_ pt

### Add or subtract.

4. 
$$\begin{array}{r} 2 \text{ gal } 1 \text{ qt} \\ + 3 \text{ gal } 2 \text{ qt} \\ \hline \end{array}$$

5. 
$$\begin{array}{r} 3 \text{ lb } 12 \text{ oz} \\ - 1 \text{ lb } 8 \text{ oz} \\ \hline \end{array}$$

6. 
$$\begin{array}{r} 4 \text{ yr } 9 \text{ mo} \\ - 1 \text{ yr } 10 \text{ mo} \\ \hline \end{array}$$

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## Algebra • Patterns in Measurement Units

Use the relationship between the number pairs to label the columns in the table.

|   |    |
|---|----|
| ? | ?  |
| 1 | 8  |
| 2 | 16 |
| 3 | 24 |
| 4 | 32 |

**Step 1** List the number pairs. 1 and 8; 2 and 16; 3 and 24; 4 and 32

**Step 2** Describe the relationship between the numbers in each pair.

The second number is 8 times as great as the first number.

**Step 3** Look for a relationship involving 1 and 8 in the table below.

| Length  | Weight                                      | Liquid Volume  | Time   |
|---|---|--|--|
| 1 foot = 12 inches<br>1 yard = 3 feet<br>1 yard = 36 inches | 1 pound = 16 ounces<br>1 ton = 2,000 pounds | <b>1 cup = 8 fluid ounces</b><br>1 pint = 2 cups<br>1 quart = 2 pints<br>1 gallon = 4 quarts | 1 minute = 60 seconds<br>1 hour = 60 minutes<br>1 day = 24 hours<br>1 week = 7 days<br>1 year = 12 months<br>1 year = 52 weeks |

So, the label for the first column is Cups.

The label for the second column is Fluid Ounces.

Each table shows a pattern for two customary units. Label the columns of the table.

1.

|   |    |
|---|----|
|   |    |
| 1 | 12 |
| 2 | 24 |
| 3 | 36 |
| 4 | 48 |

2.

|   |       |
|---|-------|
|   |       |
| 1 | 2,000 |
| 2 | 4,000 |
| 3 | 6,000 |
| 4 | 8,000 |